

Phase of Wood

Case History

The Digestive System

Constipation

Dana

Case History - Digestive System – Constipation

Date: 16.8.2012

Name: Dana

Age: 3

Date of Birth: 24.4.2013

Treatment Number: 1

Siblings: No siblings

Chief Complain: Constipation

Suffered constipation in the past

Appears from time to time

A year ago using paraffin oil was helpful

6 Weeks ago appears again

The mother is pregnant - week 21

2 teachers in the kinder garden are about to

Atopic dermatitis - improved within the years and with the help of natural creams

Tends to feel hot

Sensitive to noises

Scared from noises

See: Chronic Constipation, p. 227

Pregnancy - OK

Birth: Emergency birth

Appetite - OK

Stools - Starts with hard texture and then soft

Phlegm - OK

Teething - OK

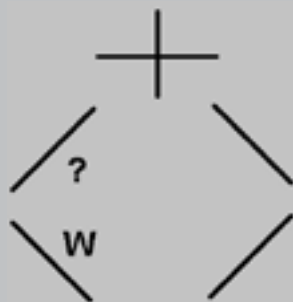
Sleeping - OK

Sweat at nights - Only in the summer

Two weeks ago a car accident

Pulse

- ② The pulse in the LIV position is not clear
- ② “Emotional Wind (Gui) in the KI position - It is not surprising because she is afraid and sensitive to noises and she was involved in a car accident 2 weeks ago



Treatment strategy

1. Introduction treatment
2. Balancing the emotional level
3. Tonify

Treatment: CO-11

First treatment is an introduction treatment, it have to be general and gentle, CO-11 will restrain the LIV even though the imbalance is not clear but it is reflecting excess.

CO-11 is suitable to most of the treatment in children, it restrain excess in the LIV and moves the qi allover the body.

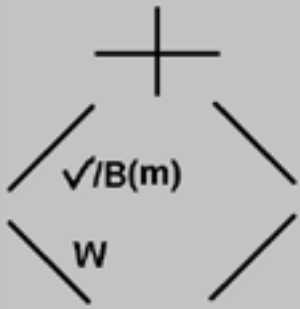
CO-11 is suitable to this case as the Earth point of the CO.

Case History - Digestive System – Constipation

Date: 6.3.2017	Name: Dana	Age: 3	Date of Birth: 16.1.2014	
Treatment Number: 2 After 1 week				
Chief Complain: Constipation		Date	After	Treatment
	1	27.2.17	-	CO-11

Stools - Improvement
 Redness in face - Improvement
 Atopic Dermatitis - Improvement
 No reaction to the treatment (See: Overreaction to treatment, p. 107)

Pulse
 In the LIV position the pulse is balance but maybe slightly blocked
 “Emotional Wind (Gui) in the KI



Treatment strategy

1. Introduction treatment
2. Balancing the emotional level
3. Tonify

Treatment: CO11(g) In Gui technique

The balance of the Emotional Wind is in first priority because the emotional problems are the root of the problems and the symptoms are the branches.

Case History - Digestive System – Constipation

Date: 3.4.2017 **Name:** Dana **Age:** 3 **Date of Birth:** 16.1.2014

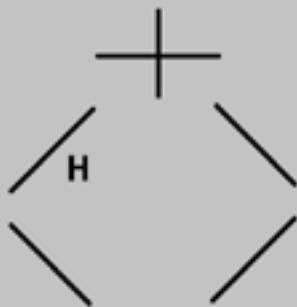
Treatment Number: 3
After 1 month

Chief Complain: Constipation		<i>Date</i>	<i>After</i>	<i>Treatment</i>
	1	27.2.17	-	CO-11
	2	6.3.17	1 week	CO-11(g)

Atopic Dermatitis - Sensitivity in the skin - Generally it is in a good shape
 Stools - 2-3 times a week, no pain, easy coming out, softer texture
 Fears - Improvement
 No reaction to the treatment
 Sleep - OK

Pulse

Heat in the LIV



Treatment strategy

1. Introduction treatment
2. Balancing the emotional level
3. Tonify

Treatment: CO-11

Usually after a gui technique treatment I use the Earth point of the meridian. In this case the body reflect heat in the LIV.

Case History - Digestive System – Constipation

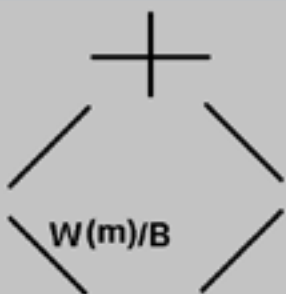
Date: 21.4.2017 **Name:** Dana **Age:** 3 **Date of Birth:** 16.1.2014

Treatment Number: 4
After 2 weeks

Chief Complain: Constipation		Date	After	Treatment
	1	27.2.17	-	CO-11
	2	6.3.17	1 week	CO-11(g)
	3	3.4.17	1 month	CO-11

Stools - Stable 2-3 times a week
 Emotional - very open, show self confidence
 Atopic Dermatitis - OK
 Appetite - OK
 Sleep - OK
 Sensitivity to noises - Less

Pulse
 A mild Emotional Wind in the KI, but the pulse is not clear



Treatment strategy
 1. Introduction treatment
 2. Balancing the emotional level
 3. Tonify

Treatment: KI-3
 Since there is suspicion that there is still Emotional Wind in the KI, the Earth point will stable the Emotional Wind if it is exist.

Case History - Digestive System – Constipation

Date: 7.5.2017 **Name:** Dana **Age:** 3 **Date of Birth:** 16.1.2014

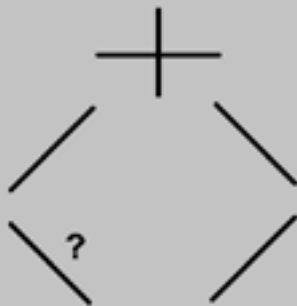
Treatment Number: 5
After 2 weeks

Chief Complain: Constipation		<i>Date</i>	<i>After</i>	<i>Treatment</i>
	1	27.2.17	-	CO-11
	2	6.3.17	1 week	CO-11(g)
	3	3.4.17	1 month	CO-11
	4	21.4.17	2 weeks	KI-3

Stools - 3 times a week - the best ever
Atopic Dermatitis - OK
Emotional - Farther improvement
Appetite - OK
Sleep - OK

Pulse

Unclear pulse diagnosis in the KI position - some pathological qi



Treatment strategy

1. Introduction treatment
2. Balancing the emotional level
3. Tonify

Treatment: CO11(g) In Gui technique

Since there is a feeling that there is unstable qi in the KI and although there is improvement still there are still fears, the decision to take out again Emotional Wind is reasonable. There is the possibility to keep on tonify the KI, but I prefer to take out any Emotional Wind though to it negative impact on the body

Case History - Digestive System – Constipation

Date: 5.6.2017	Name: Dana	Age: 3	Date of Birth: 16.1.2014
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Treatment Number: 6
After 1 month

Chief Complain: Constipation		Date	After	Treatment
	1	27.2.17	-	CO-11
	2	6.3.17	1 week	CO-11(g)
	3	3.4.17	1 month	CO-11
	4	21.4.17	2 weeks	KI-3
	5	7.5.17	2 weeks	CO-11(g)

Stools - Nearly regular 3-4 times a week
Fears - Less. Covers her ears with her hands when there is motorcycle or grass chopper

<p>Pulse I forgot to write.....</p>	<p>Treatment strategy</p> <ol style="list-style-type: none"> 1. Introduction treatment 2. Balancing the emotional level 3. Tonify
	<p>Treatment: KI-3</p> <p>After taking out the Emotional Wind, the next treatment is to stable the qi of the meridian with the Earth point</p>

Case History - Digestive System – Constipation

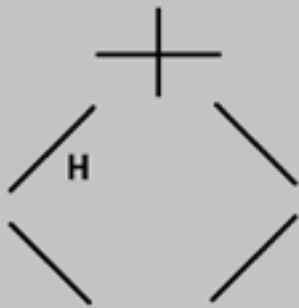
Date: 20.6.2017 **Name:** Dana **Age:** 3 **Date of Birth:** 16.1.2014

Treatment Number: 7
After 2 weeks

Chief Complain: Constipation		<i>Date</i>	<i>After</i>	<i>Treatment</i>
	1	27.2.17	-	CO-11
	2	6.3.17	1 week	CO-11(g)
	3	3.4.17	1 month	CO-11
	4	21.4.17	2 weeks	KI-3
	5	7.5.17	2 weeks	CO-11(g)
	6	5.6.17	1 month	KI-3

Stools - 2-3 times a week, Easy and normal
 Fears - OK
 Since the age of year and a half the stools are not regular
 Skin - slightly worsen in the hands

Pulse
Heat in the LIV



- Treatment strategy**
1. Introduction treatment
 2. Balancing the emotional level
 3. Tonify

Treatment: LIV-2°
 Since there is heat in the LIV position and some worsen in the hand and less stools, it will be reasonable to disperse the heat from the LIV. the heat can origin from the coming birth of her sister to come.

Case History - Digestive System – Constipation

Date: 3.7.2017 **Name:** Dana **Age:** 3 **Date of Birth:** 16.1.2014

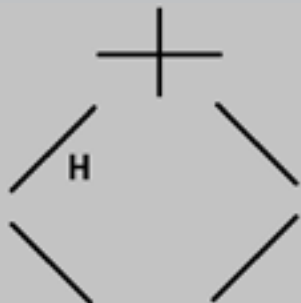
Treatment Number: 8
After 2 weeks

Chief Complain: Constipation		<i>Date</i>	<i>After</i>	<i>Treatment</i>
	1	27.2.17	-	CO-11
	2	6.3.17	1 week	CO-11(g)
	3	3.4.17	1 month	CO-11
	4	21.4.17	2 weeks	KI-3
	5	7.5.17	2 weeks	CO-11(g)
	6	5.6.17	1 month	KI-3
	7	20.6.17	2 weeks	LIV-2°

In the evening of the treatment she had a big stools than one week constipation
 After that she had another big stools and now 3 days with no stools
 Last night sh had fiver for few hours
 Sleeping - OK
 Not afraid from noises any more, easy to say goodbye in the morning in the kinder garden
 Less redness in the face
 Atopic Dermatitis - with no change

Pulse

Heat in the LIV



Last Treatment

Treatment strategy

1. Introduction treatment
2. Balancing the emotional level
3. Tonify

Treatment: CO-11

There is still heat in the LIV but the symptoms are not acute. It will be better to restrain the LIV and not disperse 2 times in a row. The birth is about to come and the all family is under stress, the heat is reasonable.