

# *Phase of Wood*

## *Case History*

### *Respiratory System*

*Asthma*

*Tom*

## Phase of Wood - Case History - Respiratory System – Asthma

**Date:** 24.3.2009    **Name:** Tom ♂    **Age:** 5    **Date of Birth:** 15.3.2004

**Treatment Number:** 1    **Siblings:** ♂ - 11, ♂ - 2

### Chief Complain:

- ② Asthma – Using Cingular already two and a half years. The treatment is very helpful and he now suffers from minor attacks. Now he use small amount of Ventolin (bronchodilator ). In the past he was Hospitalized during sever attacks.
- ② This season is problematic. When he runs or very active, he coughs and get tired very quickly.
- ② Now he feel less good, Suffering from a runny nose and cough. No shortness of breath. His mood is getting low during asthma attacks, also now suffers from irritability, nervousness and a lot of cries.

**Pregnancy:** In all the pregnancies the mother suffers from diabetes. Big babies – he was burn 4.5 kilograms.

**Appetite:** OK. Like to eat sweets. Not so much picky.

**Stools:** Use to have difficulty. A year and a half ago he was hospitalized after asthma attack, he developed constipation. He was afraid from the pain and did not empty himself for 2 weeks.

**Sleeping:** Wakeup 2-3 times – fright.

**Emotional:**

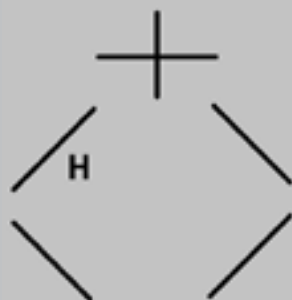
- Finds it difficult to say goodbye in the morning.
- Ready to go to friends only with parents, even not with grandparents that he loves very much.
- Major difficulty in social relationships.

**AB:** 2 times.

**Vaccines:** Fever, bad mood. Pertussis – Strong reaction with tics in his had. Since that reaction they separated the vaccines.

### Pulse

Heat in the LIV



### Treatment strategy

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing the emotional level
4. Tonify

### Treatment: CO-11

CO-11 is good option for first treatment in states of excess in the LIV

*See: Phase of Wood - "Gentle Balancing of States of Excess in the LIV" p. 373*

**Phase of Wood - Case History - Respiratory System – Asthma**

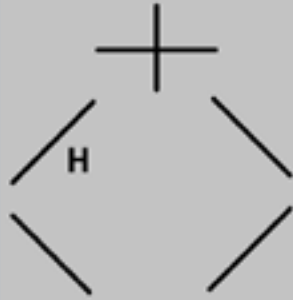
<b>Date:</b> 14.4.2009	<b>Name:</b> Tom ♂	<b>Age:</b> 5	<b>Date of Birth:</b> 15.3.2004
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<b>Treatment Number: 2</b> 1 week later	
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<b>Chief Complain:</b> Asthma		<b>Date</b>	<b>After</b>	<b>Treatment</b>
	1	30.3	-	CO-11

Runny nose: Much less.  
 Asthma: OK. Still using Singuler.  
 It was difficult to go back to the daycare after the holiday, he become sensitive.  
 Sleeping: Not clear. In general he is sleeping, but wakeup from time to time. Some times he sleeps back easily but sometimes not.  
 Fears: Yes, specially after the holiday. There are more fears than usual.

**Pulse**  
 No heat in the LIV



- Treatment strategy**
1. Introduction treatment
  2. Balancing the heat in the LIV
  3. Balancing the emotional level
  4. Tonify

**Treatment: LU-7**  
 The ideal treatment in this situation is LIV-2° (Dispersion), but he refuses to be needled in his leg.

**Phase of Wood - Case History - Respiratory System – Asthma**

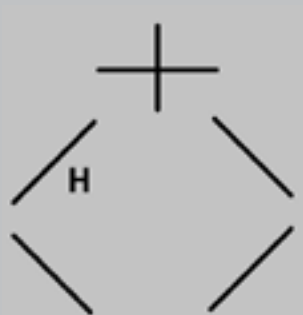
**Date:** 21.4.2009      **Name:** Tom ♂      **Age:** 5      **Date of Birth:** 15.3.2004

**Treatment Number: 3**  
1 week later

<b>Chief Complain:</b> Asthma		<b>Date</b>	<b>After</b>	<b>Treatment</b>
	1	30.3	-	CO-11
	2	14.4	1 week	LU-7

No sign of problems in the respiratory tracts.  
 Anger and sensitivity: Crying for a few weeks, become worse after the holiday.  
 Coughing and tiredness after activity: Much less.  
 Sleeping: Wakes up with fears, but less times.  
 Fears: difficulty to separate from the parents in the morning.

**Pulse**  
No heat in the LIV position



**Treatment strategy**

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing the emotional level
4. Tonify

**Treatment: LIV-2°**  
Disperse the heat from the LIV is the second stage in the treatment strategy.

**Phase of Wood - Case History - Respiratory System – Asthma**

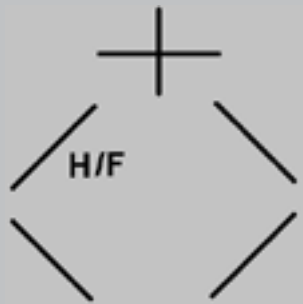
**Date:** 21.4.2009      **Name:** Tom ♂      **Age:** 5      **Date of Birth:** 15.3.2004

**Treatment Number: 4**  
1 week later

<b>Chief Complain:</b> Asthma		<i>Date</i>	<i>After</i>	<i>Treatment</i>
	1	30.3	-	CO-11
	2	14.4	2 weeks	LU-7
	3	21.4	1 week	LIV-2°

A very strong reaction to the treatment for 3 days. A lot of emotional explosions, anger, crying. A lot of strong emotional expressions.  
 It is a very difficult emotional period. A social regression in the daycare. Very needy.  
 After 3 days the reaction did not disappear, but it was a big reduction in the power of the reaction. Less storms of emotions.  
 Difficult to assume if now he is calmer than before the treatment.  
 He started a horse riding therapy.  
 10 days ago Rhinitis, no color, very mild, chronic.  
 Sleeping: Wakes up at 2-3 P.M. Comes to the parents bed and sleep with them.  
 Teeth grinding: Very strong, it is sounds even in other rooms.  
 Breath: No shortness of breathing or cough, only Rhinitis.  
 Considering to cut the Singular treatment.

**Pulse**  
Heat or even fire in the LIV. Fire is not common and it is might be the reflection of a lot of heat



**Treatment strategy**  
 1. Introduction treatment  
 2. Balancing the heat in the LIV  
 3. Balancing the emotional level  
 4. Tonify

Tonify **Treatment: KI-3**  
 The LIV is not balance yet. The idea is to tonify the LIV and later on to disperse again if needed.

**Phase of Wood - Case History - Respiratory System – Asthma**

<b>Date:</b> 26.5.2009	<b>Name:</b> Tom ♂	<b>Age:</b> 5	<b>Date of Birth:</b> 15.3.2004
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**Treatment Number: 5**  
2 week later

<b>Chief Complain:</b> Asthma		<b>Date</b>	<b>After</b>	<b>Treatment</b>
	1	30.3	-	CO-11
	2	14.4	2 weeks	LU-7
	3	21.4	1 week	LIV-2°
	4	11.5	3 weeks	KI-3

**Breathing:** His condition is less good. There was no shortness of breathing, but a suspicious cough, 2-3 episodes.

**Rhinitis:** Less.

**Emotional:** Still have difficulty to separate in the mornings. Feels sadness, cries because of sadness. There are fears.

**Sleeping:** Improvement. Most of the nights he sleeps all the night.

**Teeth grinding:** The same.

**Coughing and tiredness after activity:** OK

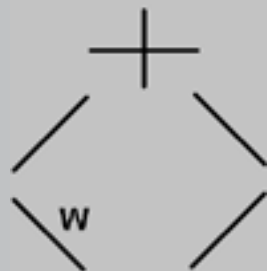
**Singular:** Planning to stop in the next week.

**Anger:** Still no change.

**Daycare:** There are problems, one of the teacher was replaced.

**Pulse**

Emotional Wind (Gui) in the KI



**Treatment strategy**

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing the emotional level
4. Tonify

**Treatment: CO-11(g)**

The pulse Diagnosis gives the approval to the symptoms of the emotional problems. When there is a match between the symptoms and the pulse diagnosis treating the emotional wind is in first priority.

*See: Phase of Wood - "Emotional Wind (Gui) - The Connection between Trauma and Emotional Problems", p. 292*

**Phase of Wood - Case History - Respiratory System – Asthma**

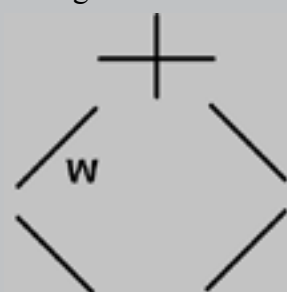
**Date:** 9.6.2009      **Name:** Tom ♂      **Age:** 5      **Date of Birth:** 15.3.2004

**Treatment Number: 6**  
2 week later

<b>Chief Complain:</b> Asthma		<b>Date</b>	<b>After</b>	<b>Treatment</b>
	1	30.3	-	CO-11
	2	14.4	2 weeks	LU-7
	3	21.4	1 week	LIV-2°
	4	11.5	3 weeks	KI-3
	5	26.5	2 weeks	CO-11(g)

Small reaction to the treatment.  
 The parents feels a positive change in the emotional level. He is able to cop. Less fears.  
 Sleeping: OK. Continues sleeping.  
 Rhinitis: Disappear. Yesterday he was for many hours in the swimming pull, the rhinitis come back, but disappear again.  
 Fears: In the swimming pull he was swimming with Pool floats with out hanging on his father. The father is very proud.  
 Singular: They will stop in 3 days time.

**Pulse**  
 Heat or even fire in the LIV. Fire is not common and it is might be the reflection of a lot of heat



**Last Treatment**

**Treatment strategy**

1. Introduction treatment
2. Balancing the heat in the LIV
3. Balancing the emotional level
4. Tonify

Tonify **Treatment: SP-6**  
 It seems that the emotional level is improving and so the physical symptoms. The treatment task is to stabilize the KID and calm down the Emotional Wind in the LIV. SP-6 is suitable to this task.